

1. This is Sandra Schermerhorn, It is August 12, 2006, and I am in San Diego, California, USA . I am talking with Russ Hanke Sa Bom Nim. Sir, could you tell me what town and state you currently live in and your Dan number?
2. Who is your current instructor?
3. Do you have a studio right now?
4. What is the name of that, sir?
5. Where is that?
6. Could you tell me just a little bit about yourself? For example, employment you've had, education, hobbies, just a little profile.
7. S: Sir, could you tell me what motivated you to start training in martial arts?
8. SS: Before you started training, was there any family tradition of training in martial arts?
9. SS: What was your early training like? What was the class like?
10. SS: How long did the class last?
11. SS: That was twice a week?
12. SS: Who was in the class? Was it men, women?
13. SS: Did they wear a Do Bohk to train in?
14. SS: Anything else about the school experience that you can remember? How about a fond memory of a training experience you had?
15. SS: Do you remember any of your early training partners? Not necessarily back then, but early training partners?
16. SS: The two that you mentioned, did you know what happened to them?
17. SS: What happened with the school at the YMCA?
18. SS: What did you do after that?

19. SS: Was there anything else in your training, major changes that affected you, such as illness, or you had to stop training for a chunk of time?
20. SS: During the early years, what was it like to be in a tournament?
21. SS: Did people back then, when they were in tournaments favor hand techniques or foot techniques?
22. SS: Anything else about tournaments you think people might like to know?
23. SS: What were people's attitudes towards the martial arts? Just the general population.
24. SS: When you were training in the martial arts, what were your ambitions?
25. SS: Dan testing. When and where was your Cho Dan Test?
26. SS: What did you have to do when you tested for Dan?
27. SS: What happened with E Dan testing and Sam Dan testing? Who was involved with that?
28. SS: Do you recall how old you were then?
29. SS: What was it like?
30. SS: Was your Dan number always registered with Hwang Kee?
31. SS: Where did H.C. Hwang live when you first met him?
32. SS: Ohh...and how it came full circle. Perfect.
33. SS: Can I just go back and ask you about your Sa Dan Testing? What was your Sa Dan Testing like and who presided over the exam?
34. SS: What offices you held in the Moo Duk Kwan? You were a charter member?
35. SS: Any especially challenging times when you were in any of those offices?
36. SS: Where were they held?
37. SS: What was your best time in the Moo Duk Kwan?

38. SS.: Do you have a photograph or remember a photograph of a special moment for you?

39. SS: I remember you liked Phoenecia.

40. SS: When you first saw founder Hwang Kee or met him what was your impression of him?

41. SS: Besides our Founder and our current Kwan Jang Nim, if you had to choose a memorable person out of all the people you have met who would you pick and why?

42. SS: What is your favorite area to teach?

43. S: As a senior, what do you feel the most important thing a senior can contribute to the juniors?

44. SS: If you were going to give advise to a practitioner, what would be the best advice you would give them?

45. RH: If they are children they would be white belts.

46. SS: Just a kind of final question. What would you like people to know about you or how would you like to be remembered?

DRAFT THOUGHTS

SBDMDK Oral History

The following questions are guidelines only. Each history will vary depending on the interviewee.

This is SS., It is Aug. __, 2006 and I am in San Diego CA., USA talking with _____, SBN.

Identifying Information

Current residence

Name

Dan #

Tell me something about yourself

Job – Jobs held over the years

Family

Hobbies

Education

Etc.

Can you give me a brief summary of your training history-
Instructors/locations

Your Personal History in Martial Arts

What motivated you to begin training in the martial arts

(some will have multi-style martial arts history)

Where did you start and with whom

Current instructor

Name of studio-that you owned/own or where you trained/train/teach

(some very interesting studio history was revealed with some of Sa Bom Nim Martinov's old training partners at his birthday party)

How old were you

Your life situation-school,job,etc.

Was there any tradition in your family of participating in the martial arts

A)What was training like in your early years

Do you have a favorite story about your early training

Do you have any memories of early training partners

Have you kept in touch with them

Do you know what happened to them

Major changes affecting you as a student-

Change in instructor

Change in school

Setbacks in your training (over the years) due to illness, job, family demands, etc.

How did you get past this (these setbacks) to continue training

Tournament

Can you tell me what it was like to participate in tournaments

Do you have a favorite memory of your tournament experience

Do you remember any occurrence at a tournament that made an impression on you

Early Training

A) What was class like

What kind of discipline was used

What were the physical surroundings like

(Building, inside dojang, hot/cold, etc.)

How many students trained

Who trained (men, ages, women, children)

What were people's attitudes toward the martial arts at that time

Your family's attitude/friends' attitudes

In your early years of training, who were your heroes

What did you find especially appealing about them

Do you still admire those qualities or have you modified what you admire?

What were your ambitions in the martial arts

Did they change over the years

Did you think you would still be training now (some may not be training)

Dan Testing

When and where was your first Dan test

How old were you

What your Cho Dan test like

Do you have a favorite memory of preparing for or testing for Cho Dan

Who do you remember testing with you. These names will be interesting and will connect them to others in history.

Any favorite memories of E Dan or Sam Dan testing

Where/when was your Ko Dan Ja Shim Sa (some may not have achieved KDJ)

How old were you

What was your first KDJ testing like

Were the other KDJ Shim Sa different than the first

Do you have any favorite stories from these

Looking Back

What was your best time in the Moo Duk Kwan/Worst time-What helped you through it

What photograph do you have or remember that has special meaning for you

Would you be willing to share a copy of it for this project?

Do you have a treasured item from your training?

Could we obtain a photo of it for this project?

Remembrances of Historical figures in the Moo Duk Kwan

When did you first meet our founder/what were the circumstances

What was your impression of him

Do you have a favorite story about him

Do you have a favorite time you and he spent together or a favorite story of him and you

When did you first meet Kwan Jang Nim H. C. Hwang

Do you have a favorite story about him

Do you have a favorite time/training situation with you and him

If you had to choose the most memorable person (other than the founder or Kwan Jang Nim) out of all the people that you have met in the MDK, who would you pick and why

What was this person like (personality, physical description, positive/negative qualities)

Any stories or traditions that he/she passed on to you

Present Time

From what area of your training do you derive the most satisfaction (some may not be training)

What area do (or was your favorite) you like to teach

Is there a motivational story or a story with a moral that you tell your students

What is your personal training like now

How has your approach to your training changed over the years

As you look back over your SBD training, what are some milestones that have given you the greatest sense of satisfaction

Looking back, would you do anything different

How do you feel about being one of the seniors in the MDK

Alternate question for someone who is not a senior but was a very early practitioner that may have only achieved 1st, 2nd dan etc.

What do you think is the most important thing a senior can contribute to junior students

What would you want them to know about you

How would you like to be remembered

What is your most powerful/inspiring/compelling/insightful advice for a practitioner/student